# JOY HANEY

# POWER SPEAKING POSITIVE



### **Power of Speaking Positive**

#### by Joy Haney

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All Scripture quotations in this book are from the King James Version of the Bible unless otherwise identified.

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#### 1

## WHAT YOU SAY IS WHAT YOU GET!

The power of a spoken word is utterly phenomenal! Words start wars, words spoken with intensity can cause someone to kill, words spoken with forgiveness heal, words help build bridges between people or erect walls, words are the most effective tools owned by men and women.

Words are like prairie fires. Once started, they are difficult to stop. Words have the power to touch the mind, heart, spirit and soul of a person. They can be as icicles, or warm as apple pie. Words can be like razors, sharp and dangerous, or they can be soft as the fur of a kitten.

If words are so powerful, why is it that more people do not give additional attention to them—not only to the words that are said, but also to the spirit in which they are spoken? One word can be spoken many different ways and have a different meaning by *how* it is spoken. The word "hello" can be spoken curtly or friendly, in a sarcastic manner or a hateful way. It can be spoken timidly or boldly. It can be spoken any way a person feels.

There was a day when two men felt positive faith in their God and spoke it. "And Caleb stilled the people before Moses, and said, Let us go up at once, and possess it; for we are well able to overcome it" (Numbers 13:30).

"We are well able to overcome it!" Words spoken that day did not die in the ears of the Lord. God remembered what Caleb had spoken and He had a few words to say about him later: "But my servant Caleb, because he had another spirit with him, and hath followed me fully, him will I bring into the land whereinto he went; and his seed shall possess it" (Numbers 14:24).

Caleb spoke words, God heard them, and He rewarded them. All of Caleb's friends died in the wilderness, except, of course, Joshua, but the two men who spoke faith lived on for many years.

Listen to Caleb forty years later. He was still speaking like a winner: "As yet I am as strong this day as I was in the day that Moses sent me: as my strength was then, even so is my strength now, for war, both to go out, and to come in. Now therefore give me this mountain, whereof the LORD spake in that day; for thou heardest in that day how the Anakims were there, and that the cities were great and fenced: if so be the LORD will be with me, then I shall be able to drive them out, as the LORD said" (Joshua 14:11-12).

What Caleb asked of Joshua—he received just as he had spoken! Spoken words affect our future, our families, our happiness, and even our health.

Dr. Cho relates a powerful story of the effect of speech on the body in his book, *The Fourth Dimension*. One morning as he was eating breakfast with one of Korea's leading neurosurgeons, who was telling him about various medical findings on the operation of the brain, the doctor said these words: "Dr. Cho, did you know that the speech center in the brain rules over all the nerves? According to our recent findings in neurology, the speech center in the brain has total dominion over all the other nerves." He said that the speech nerve center had such power over all of the body that simply speaking can give one control over his body, to manipulate it in the way he wishes. He said, "If someone keeps on saying, 'I'm going to become weak,' then right away, all the nerves receive that message, and they say, 'Oh, let's prepare to become weak, for we've received instructions from our central communication that we should become weak.' They then in natural sequence adjust their physical attitudes to weakness."<sup>1</sup>

The opposite must be true when positive words of faith are spoken. After prayer is made over a health condition and the Word is read, then the mouth should start confessing with conviction these words: "I am healed according to I Peter 2:24. Strength is coming into my body. I am fearfully and wonderfully made. God is healing me; every organ in my body is receiving healing power. I am healed in Jesus' name!"

Speak it in the morning, in the noontime, throughout the day, in the evening and at night. Speak only positive faith in the face of negative facts and doubt, for in the Scriptures we are instructed to speak!

#### IN THE BEGINNING

The principle of the spoken word began at Creation. Genesis 1:1 states, "In the beginning God created the